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# WE ALWAYS PUT PEOPLE FIRST

## BECAUSE THAT'S WHAT MATTERS MOST

Trying to navigate the legal system without legal expertise leads to greater legal troubles and suffering. As the first person in my family to become a lawyer, I have seen

***"PART OF  
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these unfortunate challenges firsthand. I recognize how easily people can be manipulated by the insurance companies or even the opposing legal parties because they aren't represented by attorneys who put their clients first.

My first job after passing the bar was with a firm that dealt with property insurance claims and insurance litigation. It gave me the experience I needed to learn and master the ropes of the field. However, I knew something was missing: a focus on people first and the practice second. With this in mind, I opened The Whisler Law Firm in 2016. The law comes with a lot of technical nuance and specific systems, but above everything, it's about human

experience. Emotion accompanies every case, so a powerful dynamic forms in the process. It comes from remembering that you're helping people through what might be the toughest moments of their lives.

Much of the legal work we handle at The Whisler Law Firm involves insurance claims and personal injury. These are issues that often affect people's livelihood. As a result, we become more than lawyers to our clients — we're sounding boards, confidants, and emotional support systems. We take that role just as seriously as our responsibility to use the law to fight on their behalf. Our mission at The Whisler Law Firm is to provide the personal experience you'd expect to receive at a small firm with the winning results you'd expect from a big firm. We're about client satisfaction above everything else, and we truly put people first.

Part of achieving great relationships is creating an atmosphere where they can grow. That's why our company culture is so important. We have an extremely collaborative system that values every single member of our team, no matter what they do. Every role is important, just like every case is important. We've come up with some incredibly valuable strategies and ideas to achieve and maintain this culture. We value what everyone can bring to the table, and that mindset extends to our client relationships, too.

We want to help you through your case. If you want to fight alongside someone who cares about you as a person rather than just an outcome, then The Whisler Law Firm is here for you.

*Josh Whisler*

## ACTIVE SEARCHING FOR ACTIVE PASTIMES FINDING THE RIGHT TIME TO GET YOUR CHILDREN INTO SPORTS

Whether you were the star player or the kid who picked flowers in the middle of the field all game, almost everyone has memories of being on a sports team when they were young. Some lose interest over time and pursue other activities, while others find they really enjoy their sport, maybe have a real talent for it, and continue playing until they are young adults. Whatever the case, parents should take a couple of factors into consideration when determining if their child is ready for sports. If they begin playing too early, they might be turned off to the sport before they really understand it. It could also result in premature wear on muscles and bones that prevents them from playing later on.

Most experts believe that the proper age for introducing your child to sports is somewhere between 6 and 9 years old. When children are younger than 6, it is important for them to be active, but their motor skills are not yet developed enough to play most competitive

sports. Trying to get them to understand this fact at that age might only make them frustrated with the sport and make them dislike it before they can even give it a try. Even when children are between the ages of 6 and 9, they might not be ready for sports that require higher forms of coordination, like football or hockey. Instead, try sports like T-ball, soccer, or karate. They won't be ready for more intensive sports until they are 10–12 years old.

If your child does not seem to enjoy team sports, you might see if they may like more individual sports, like running or swimming. Their personality can be just as significant as their age when it comes to choosing the right sport.

Some children might not show interest in organized sports at all. If your child does not seem interested in any sports, even though they are old enough to understand the rules



and are coordinated enough to play, you might want to consider other activities, like art or music classes. Still, it is essential that they are active for at least an hour every day, no matter their interests.

Sometimes kids will get frustrated with the sports they play (even if they like playing them), and they might want to quit. If your child doesn't seem to like the sport you signed them up for, encourage them to at least finish out the season. They might just need a little more time to warm up to it. However, if they still aren't enjoying it at the end of the season, help them find other activities that they might like better. Ultimately, when a child is ready to play sports, it is important to stay in tune with what brings them joy and what keeps them mentally and physically healthy.

## WE CAN FIGHT YOUR PERSONAL INJURY CASE BUT YOU SHOULD START WITH THESE STEPS

If you've been injured in an accident that was caused by another party, The Whisler Law Firm is here to help. A car accident, slip-and-fall, medical malpractice, or workplace injury could cost you valuable work time and saddle you with crippling medical bills. But if your injuries are due to someone else's negligence, you should seek compensation. When it comes to personal injury, take these crucial first steps to ensure your case is strong from the beginning.

### SEEK MEDICAL ATTENTION

No matter how costly you think treatment for your injury might be, you should always seek medical attention, and seek it as soon as possible. It's vitally important that you get the help and treatment you need in order to keep yourself safe and start the process of healing. Getting initial care and then following your doctor's suggested regimen is also important for making your case. Medical records speak to your injuries, and your proactive participation shows that you're adamant about getting your life back.

### BEWARE OF INSURANCE ADJUSTERS

Until you've secured legal counsel, it's best to proceed with extreme caution around insurance adjusters. They'll likely reach

out to you soon after your personal injury occurs to ask you questions before you have legal representation. This is because they're trying to sway you, not because they're looking out for you. Insurance adjusters may act like they want to be your friend, but it's critical to remember this is how they're trained to behave. Their goal is to get you to say things that fit their own agenda so they can wiggle out of compensating you.

### ENLIST HELP

This is where we come in! You have enough physical and emotional distress to deal with, so leave your case to us. Hiring legal help is essential to receiving the compensation you deserve because we know the right moves to make. We'll gather evidence, take statements, and show your opposition how they were at fault for your injuries by proving their negligence. We want you to speak about the impact the incident has had on your livelihood, and we'll speak the legalese of what the responsible party needs to do to right their wrong.

If you or a loved one has suffered a personal injury due to the negligence of another, be sure to follow these steps. Then call our office to see if we can help.



# HELP US WIN CASES



At The Whisler Law Firm, we believe winning your case takes a team. The way we work and operate inside our office directly translates into the great service we're able to provide our clients. Having the right operations in our office is like having an experienced pilot and crew for an airplane. The administrative operations of our office are what pilot the plane of our business.

Administration in a law office has distinct differences from other businesses. Our work often involves hundreds of pages of documents, it's highly time-dependent, and information is often sensitive. It takes a particular mindset to successfully run a law office, so that's why we recently brought on Michael as our Professional Legal Administrator.

Michael comes to The Whisler Law Firm with years of experience at large firms. He's a member of the Association of Legal Administrators (ALA), a group that understands the importance of proper legal office operations and aids in helping establish and implement the practices needed for achieving the

very best service for clients. The ALA's operations are utilized by the largest firms across the country, and we're proud to be bringing that level of service to our clients.

Michael has led our administrative team in implementing efficient systems that have taken our operations to new levels.

Continuing education is another important component to our strong team. We attend management seminars, courses about the latest insights in our field, and even allocate funds for our staff to advance their education and degrees. The field of law is always shifting, and we use continuing education to keep informed and win cases for our clients.

It takes a trained pilot to fly a plane and an entire team of professionals to make the flight as smooth and efficient as possible for all the passengers. Michael and all of our administrative staff manage our firm so that our legal team can focus on winning cases for our clients.



## SESAME ZUCCHINI NOODLES

### INGREDIENTS

- 4 medium zucchini
- Salt, to taste
- 3 medjool dates, pitted and softened in warm water for 5 minutes
- 3 1/2 tbsp creamy, unsweetened almond butter
- 3 tbsp coconut aminos
- 3 tbsp pure sesame oil
- 3/4 tsp fresh ginger, grated
- 2 cloves garlic, chopped
- 2 tbsp apple cider vinegar
- 3 scallions, thinly sliced
- 1/4 cup chopped almonds

### DIRECTIONS

1. If you have a spiralizer, use it to cut zucchini into noodles. Otherwise, use a peeler. Salt zucchini. Allow zucchini to "sweat" out water for 1 hour, wrap in a paper towel, and squeeze the water out.
2. In a food processor, blend dates with almond butter and aminos until smooth.
3. Add sesame oil, ginger, garlic, and vinegar and pulse until sauce is smooth.
4. In a pan, sauté zucchini noodles until heated and slightly softened.
5. Toss zucchini noodles with prepared sauce and top with scallions and almonds.

Inspired by PaleoRunningMamma.com





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Keep America Beautiful



## DO YOUR PART TO KEEP AMERICA BEAUTIFUL AND MAINTAIN GREEN LIVING SPACES FOR EVERYONE

Have you ever walked through a park and seen a plastic bottle or wrapper lying on the ground? If so, did you pick it up and properly dispose of it? You might not have realized it, but in that moment, you took a small step toward keeping your community — and, by extension, America — beautiful!

April is Keep America Beautiful Month, and folks who celebrate aim to help each community in every state stay clean and green. Created by the nonprofit organization Keep America Beautiful, this holiday offers a perfect opportunity to roll up your sleeves and work to better the place you live in. Here are three ways to show your appreciation for a green America this month.

### TAKE ACTION ONLINE.

With the current COVID-19 pandemic sweeping the world, it might be difficult to get outside and participate in a few community cleanup programs. But that doesn't mean the public still can't participate in Keep America Beautiful Month. April 22 marks the 50th anniversary of Earth Day, and to celebrate, Earth Day Network is providing digital events for everyone around the world to take part in. Follow Earth Day Network's social media accounts and stay



updated on efforts to keep the Earth green or participate in an event yourself! For more information, visit [EarthDay.org](http://EarthDay.org).

### START PLOGGING.

If you're passionate about staying active and cleaning up your neighborhood, then this is the perfect activity for you! Plogging combines jogging and picking up litter, which takes care of your health and keeps your community clean. Anybody can do it: Just throw on your running shoes, grab a bag, head out the door, and pick up any stray bits of trash you see on your morning jog or evening walk.

### IMPROVE RECYCLING THROUGH EDUCATION.

An important goal during Keep America Beautiful Month is to spread awareness about recycling. There are various ways to educate those around you about recycling and encourage them to do their part. At work, for example, you can volunteer to lead a recycling initiative by printing off guides and fostering discussions on why recycling is so essential. At home, you can make a commitment with your family to fulfill the three R's of recycling: reduce, reuse, recycle.

To discover more ways to participate in Keep America Beautiful Month, visit their website at [KAB.org](http://KAB.org) today!