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## Summer Has Arrived *Get Out and Explore!*

When I think of summer, I think of hot Florida heat, summer fun in the sun, time spent at the beach, and summer vacation for the kids. It seems in today's day and age, with technology literally available at our fingertips, much more time is spent indoors and behind screens, and our main form of interaction with others is via text messaging and phone calls, leading to a breakdown in interpersonal skills.

When I grew up, interaction with others was necessary. I needed to have in-person conversations with friends, we played games outdoors, and we explored our world. My family was friendly with our neighbors — now many people don't even know their neighbors' names. Today, reducing screen time and getting out and being active are important for me and my family.

**"This summer, take a step back from the computer, put down the phone, and unplug for a bit while enjoying some time outside!"**

Many hidden gems throughout our state are canopied and shaded, providing a nice little break from Florida's harsh sun. They feature great nature walks and space to explore and enjoy some fresh air. Check out county parks and read Tripadvisor reviews to find great areas around your home for the next adventure!

Recently, my family and I explored both the Deerfield Beach Arboretum and the Bonnet House in Fort Lauderdale. Both were canopied and fun to explore. Farther north, Grassy Waters Preserve, John D. MacArthur State Park, and Royal Palm Beach Pines Natural Area are great areas to unplug and spend the day. On the west coast, Naples' Botanical Garden and Big Corkscrew Island Regional Park are also fabulous places to encourage family time and appreciate God's nature.



In the past, I've traditionally enrolled my daughter in day camp, but this summer, she will be attending ice skate camp, horseback riding camp, and fashion and design camp. All three camps are roughly two weeks long and will offer a variety of activities with different experiences to encourage different hobbies she really enjoys getting involved in.

These days, we are all so busy with work and caught up in the hustle and bustle of our day-to-day lives that it's hard to find extra time. But if we all take a step back and appreciate the world around us, whether it's just a walk on the beach or a stroll around the park, I promise you will never regret it. On that note, picking up a hobby and trying something new can be refreshing as well. This summer, I'd like to take up woodworking and see if my daughter will allow me to join her on horseback riding experiences.

This summer, take a step back from the computer, put down the phone, and unplug for a bit while enjoying some time outside! Happy summer, everyone!

*-Josh Whisler*

# Celebrating Nearly 60 Years of Women in Space

It's hard to believe that it's been 59 years since the first woman traveled in space. Back in June 1963, Valentina Tereshkova made history when she became the first woman to leave Earth's atmosphere. She was selected from more than 400 applicants to ride on the Soviet's Vostok 6 mission.

Two years prior to Tereshkova's launch, Yuri Gagarin became the first person to fly in space. This historic moment spiked Tereshkova's interest in space travel, and she was chosen as one of four women who received 18 months of training for the mission. She was selected to pilot the flight even though she had no previous piloting experience. Instead, she possessed extensive parachuting experience. She would go on to spend 70 hours in space as she orbited Earth 48 times.

It would take another 20 years for the first American woman to fly in space. Sally Ride made her first journey into space on June 18, 1983, aboard the Challenger STS-7 after answering a newspaper ad placed by NASA six years earlier. She served as the flight engineer and was in charge of

operating the shuttle's mechanical arm as well as conducting any necessary experiments. Ride would go on another space flight in October 1984 in which she spent eight days conducting scientific observations of our planet.

Ride and Tereshkova became role models for many young women looking to break into the world of space travel. Since 1963, 65 women have spent time outside of Earth's atmosphere. Women have been involved in the field of space travel since the early days of NASA. The movie "Hidden Figures" brought to light the story of female African American mathematicians who played a huge role in getting John Glenn into orbit and turned the tide of the space race.

So what's next for women in space? There are great things on the horizon. NASA has plans to amplify its space exploration efforts, and one of its goals is to land the first woman on the moon. The agency plans to do this by 2024, so we won't have to wait too long to see another historic first for women in space.

## IT'S A 'NO-FAULT' STATE ALL YOU NEED TO KNOW ABOUT THIS LAW

At some point or another, as a resident of Florida, you've heard the term "no-fault state." For all drivers, this means that in the event of a car accident, all parties involved will make individual claims with their insurance carriers, despite who may have been at fault for the accident. That's why carrying personal injury protection (PIP) and property damage liability (PDL) in the state of Florida is mandatory — it protects you.

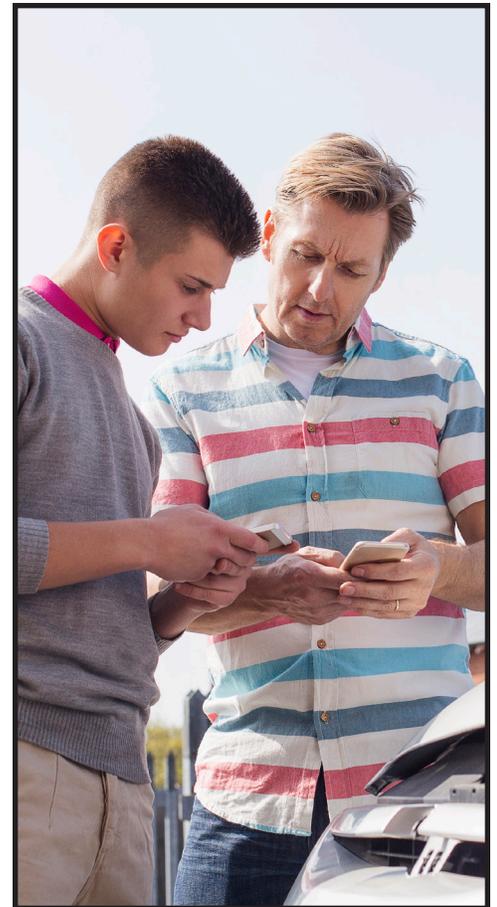
PIP insurance will cover 80% of all applicable medical expenses incurred from the accident up to \$10,000, while PDL insurance covers damage to the property of another that results from a crash involving your vehicle.

The purpose of Florida's no-fault law is to help make seeking medical treatment easier and available for anyone involved in an accident, despite who may have caused the crash. But it's

important to be aware of the restrictions that come along with PIP coverage, such as the total limit on medical expenses that will only pay up to a particular amount. In the event that your injuries are substantial and exceed the limits on your PIP coverage, you can opt to file a lawsuit on the other driver.

It's important to note that PIP insurance will also cover your lost wages to compensate for any time spent out of work as a result of the accident or the price of child care during your recovery period. Your PIP insurance will also cover medical and lost wages expenses for passengers in your vehicle as well.

If you're involved in an accident in the Sunshine State and your injuries are permanent or debilitating and you wish to file a claim, contact us at The Whisler Law Firm today. We are here to help you receive the compensation you deserve.



# Beware of Social Media Platforms They Can Hinder Your Case's Credibility

World Social Media Day falls on June 30 this year and celebrates all of the contributions and technological advancements that have happened since the invention of computers and the internet. If you have an Instagram, Facebook, or Twitter account, then you've already seen how many people share just about anything on social media platforms: what they had for breakfast, where they'll be heading to after their doctor's appointment, and their viewpoints on politics.

While social media certainly is revolutionary and a great way to connect with others, promote business, and catch up with friends you haven't seen in years, it does have its drawbacks. For example, when it comes to legal cases, lawsuits, and claims, it's important to understand how and why social media can negatively affect your case. Revealing the wrong information online could set you up for failure when you're trying to receive the compensation you deserve.

Here are some ways social media could negatively impact your case:

- Posting photos of you engaging in physical activity while undergoing medical treatment for severe injuries
- Posting about going to work while attempting to claim lost wages in your case
- Checking in at gyms, theme parks, recreational facilities, or fitness studios despite sustaining an injury
- Posting confidential details or incriminating information

During a case, even though it may be challenging, refrain from being active and open on social media. Also, try to abstain from posting any details about your activities, location, or opinions because the other parties will try to use *anything* they can. In fact, it's especially vital that you don't share details about your case! It should be noted that deleting posts on social media can be traceable and incredibly damaging to your credibility. The overarching goal is to ensure you don't post anything that will contradict your case. Trust us — you'll thank yourself later!



## IN AN ACCIDENT?

Check out our  
personal injury blog and  
informative articles at  
[WhislerLawFirm.com](http://WhislerLawFirm.com).

"Develop success from failures. Discouragement and failure are two of the surest stepping stones to success."

—Dale Carnegie

## Sweet and Spicy BBQ Chicken Skewers

Inspired by [RecipeRunner.com](http://RecipeRunner.com)

Summer is here, and you know what that means: It's time to break out the barbecue and meat skewers!

### INGREDIENTS

*For the Marinade*

- 1 tbsp olive oil
- 2 tbsp soy sauce
- 2 tbsp chili garlic sauce
- 2 tbsp rice vinegar
- 3 tbsp honey
- Juice of 1 lime
- 3/4 tsp smoked paprika
- 1/2 tsp salt

*For the Skewers*

- 2 lbs chicken breast, cut into bite-size cubes
- 1 small pineapple, cut into 1-inch cube

### DIRECTIONS

1. In a bowl, whisk together marinade ingredients.
2. In a reusable freezer bag, combine cubed chicken and all but 1/4 cup of the marinade.
3. Seal bag and massage marinade into the chicken. Chill in the fridge overnight.
4. The following day, preheat the grill to 400 F. Thread chicken and pineapple onto skewers, adding two cubes of chicken for each cube of pineapple.
5. Grill the skewers for 3–4 minutes per side, brushing with the reserved marinade in the final minutes.
6. Serve over rice or with your favorite barbecue sides!

*We're so grateful for all the feedback on our newsletter! If you have anything you'd like to share, we'd love to hear from you.*

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# It's Dad's Day! —————

## 6 GIFTS DAD IS SURE TO LOVE

Dad is a very important person in your life! Every year when Father's Day rolls around, it can be tough to come up with the perfect gift, whether it be for your dad, a new father, your grandfather, or a father figure. Getting creative can be tricky, but this list is sure to help you with an idea or two for all different price ranges!

### Wallet

Why not go really classic and opt for a thoughtful and practical gift? Most men's wallets see a lot of wear and tear. After all, they're sat on, toted around in pockets all day long, and sometimes forgotten about and sent through the wash. A new one just may be in order!

### Massage Gun

Massage guns are rising in popularity. To help Dad recover from soreness and injury or just a tough workout, a massage gun will do the trick! The best part is that they range in price, and you can even purchase one on Amazon!

### Apple Watch Strap

Does the dad you're celebrating own an Apple Watch? If so, help him customize it with a new Apple Watch strap. You can choose from many materials, colors, and designs so he can blend in or stand out as much as he wants.

### A New Cooler

Men love their coolers — it's a foolproof Father's Day gift! Whether Dad loves to camp, fish, tailgate, go to the beach, or barbecue in the backyard, he's sure to appreciate a new way to store ice, drinks, food, or bait!

### Tool Bucket Organizer

Is your dad a bit of a handyman? Help him get organized and never lose track of his tools again. Tool bucket organizers come in many forms and, again, can be purchased right online, making your shopping easy!

### Bluetooth Headphones or Speakers

If your father doesn't have Bluetooth headphones or speakers yet, he's missing out. The opportunity to jam out wirelessly while working out, cutting the grass, doing hobby work, or just relaxing is effortless with this thoughtful gift.

